

# Arban's *Famous Method* break down

Inspired by Charlie Vernon

Assembled by Tim Smith

*A note on page numbers: page numbers in black ink refer to the Carl Fisher publication (white & blue cover) and page numbers in blue ink refer to the Alessi/Bowman edition by Encore Music*

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- Practice method
  - Use a different key each day to gain fluency in transposing and all 12 keys
  - Play as written, tenor clef, tenor clef 8vb, up an 8ve, down an 8ve, tenor clef 15vb (where possible)
    - Always end exercise with a low transposition to relax chops
    - Apply primarily to 1-3, 6-9, 15-16
    - Use secondary instrument (alto/euph/etc.)
    - Cleanliness and ease of sound/articulation throughout registers
    - Transpose to a different key everyday
  - Scales – why are they not in bold?
    - I personally prefer other scale routines
      - Arban's range is limited; patterns incomplete
    - Use the patterns as templates
  - Journal
    - Write down what you've done, and how (ie. 8ve, tenor clef, etc)
    - Resume next day with next study
    - If you complete a section, start back at the beginning of that section